



**Tracy List Kalnins, PhD.**  
**5539 S. 27<sup>th</sup> Street, Suite 101 Lincoln, NE 68512**  
**Phone: (402) 261-8313 Fax (402) 939-0437**

**Authorization to Release and/or Receive Healthcare Information**

Name of Patient: \_\_\_\_\_

Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

I request and authorize Dr. Tracy List Kalnins to release and /or receive healthcare information:

\_\_\_\_\_  
Name of Health Care Provider/Agency

\_\_\_\_\_  
Address and Phone/Fax

Information requested (please check which):

<input type="checkbox"/> Medical history and physical	<input type="checkbox"/> Social History	<input type="checkbox"/> Medication Information	<input type="checkbox"/> Psychological Testing
<input type="checkbox"/> Psychological evaluation	<input type="checkbox"/> Treatment Plan	<input type="checkbox"/> Academic Records	<input type="checkbox"/> Entire Record
<input type="checkbox"/> Psychiatric evaluation	<input type="checkbox"/> Discharge Summary	<input type="checkbox"/> Hospital Records	<input type="checkbox"/> Lab Reports

Information may be used for evaluation, treatment, educational planning, follow-up, continuity of care or for further medical treatment. This authorization is good for one year from the date signed or for \_\_\_\_\_ days. I have reviewed this authorization form and confirm that it reflects my wishes to release/receive protected healthcare information. I understand that any disclosure of information carries with the potential for unauthorized redisclosure and the information may not be protected by federal confidentiality rules. By signing this document, I release Tracy List Kalnins, PhD., LLC from any liability resulting from this disclosure. I also have the right to revoke this authorization at any time and must do so in writing to the office manager at Catalyst Behavioral Health. I further understand that actions already taken based on this authorization, prior to revocation, will not be affected. A photocopy or fax of this document shall have the same effect as the original.

\_\_\_\_\_  
Signature of Patient/Legal Representative

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date document signed